



New Berlin Youth Girls Basketball

10,000 SHOT CLUB

Shoot baskets this summer, keep track of the total, and you could become a member of our **10,000 SHOT CLUB**. If you succeed, you will receive:

- * Special recognition at our Youth Night at the Eisenhower Varsity Girls Game
- * All the girl's names will be listed in the Varsity Girls Basketball program that is handed out at every game
- * Receive a special award gift at our Youth Night at the Eisenhower Varsity Girls Game

Here's what to do:

Commit to do 10,000 shots by signing this form, and follow directions below. 10,000 shots comes out to about 15 minutes per day of shooting baskets. If you miss a few days, just make it up the next time. Go to camps, shoot in a gym, shoot in your driveway. If you're not sure that you are shooting correctly, please ask your coach – they'd be happy to help you!

Be honest – your parents will be asked to verify that you did complete the 10,000 shots.

I _____ want to join the New Berlin Youth Girls Basketball 10,000 Shot Club.
(player's name)

I know that in order to improve my shooting, I need to shoot. I understand that by signing this, I am committing myself to the goal of 10,000 shots over the summer. I know that it sounds like a lot, but it is only about 108 shots (15 minutes) per day.



1 & 2 – 10 shots each side
3 & 4 – 10 layups each side
5 – 10 free throws
6 & 7 – 10 baseline shots each side
8 & 9 – 10 bank shots each side
10 – 10 free throws
8 Shooters
Choice
108 Total Shots

Player's Signature: _____
Grade entering this fall: _____

I verify that my daughter completed approximately 10,000 shots over the summer.
Parent Signature: _____

Date: _____

Turn this form in to your coach, or mail to
Kathy Bauman S70W18785 Gold Dr. Muskego,
WI 53150 by Oct. 1, 2018.

(over)

Keep track of your shots here.

Mark down the number of shots every time you shoot.

You CAN DO IT!

GRAND TOTAL: _____ Entering Grade: _____

Name: _____ Phone: _____

E mail: _____

June						

July						

August						